

Counselor Connection

Connecting Parents to the Counselor's Classroom Lessons

The purpose of the Counselor Connection newsletter is to let you know what your children have been learning during classroom guidance each month.

Guidance lessons are provided by the school counselor at least monthly in grades K-5 to promote positive social skills, behaviors, and choices. The lessons in September focused on introduction of the counselor and my role, as well as social skills.

Contact Information

Please feel free to contact me with any concerns that you may have for your child.

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Meet the Counselor
Mandy Gerlach, M.S., M.Ed., P.C.

I am a Licensed Professional Counselor and also have a license in School Counseling. My experience in both school and clinical settings allow me to work with a wide range of counseling needs and enhance the emotional development of students.

Kindergarten

All Kindergarten classes participated an introduction lesson. Students met my special friend, "Froggy" and his friend "Harriet Hippo". They worked on a book about themselves that helped us to all get to know one another better. Your students should be coming home this year with lots of stories about Froggy and his friends.

2nd Grade

Students participated in following lessons:

1. A school counselor introduction lesson was completed using a children's book titled "Mrs. Joyce Gives the Best High Fives" and classroom discussion.
2. Students made an "Everyday Hero" mask and included social goals that they have for themselves this year.

4th Grade

This month the 4th grade students were introduced to the multiple roles of a school counselor. They completed questions and eventually a "Mad Lib" story that allowed me to get to know them better.

1st Grade

1st grade students had two guidance lessons:

1. Listening skills - Students met Howard B. Wigglebottom. They watched a movie and completed associated listening skills activities. We will be following Howard B. Wigglebottom though many adventures this year.
2. Manners Matter - Students watched "Manners Matter", another Howard B. Wigglebottom book. Then we played manners tic-tac-toe to reinforce concepts learned in the book.

3rd Grade

In September, students in 3rd grade participated in the following classroom guidance lessons:

1. Students were introduced to school counselor roles with the book titled "Mrs. Joyce Gives the Best High Fives" and classroom discussion.
2. The 3rd grade students were encouraged to consider friendship characteristics that are important to them during this lesson.

5th Grade

In September, all the 5th grade students participated in "minute meetings" with me. This was a great opportunity to meet individually with every student while gathering useful data.

